

# Apple Valley Hockey Association

## 09-10 Girls Big Apple Tournament

### Rules & Information

All games will be played under USA Hockey rules as modified by MN Hockey.

1. The Big Apple Tournament is sanctioned by Minnesota Hockey. Only teams registered with Minnesota Hockey, USA Hockey and/or CAHA may participate. Participation fee is \$550 + \$25 per player/family guaranteed gate fee.
2. There is a limit of 20 players per team, including two goaltenders. No more than four non-uniformed adults representing the Coach and Assistant Coach/es may occupy the players' bench area at any time. NO managers are allowed on the bench.
3. All participating teams must furnish the proper team credentials package.
4. All games will be officiated by USA Hockey certified officials.
5. Certified EMT's will provide medical attention.
6. Each player must wear an approved helmet with facemask, mouth guard and team jersey during each game. All mouth guards must be a solid color; clear mouth guards are not acceptable. A rostered player not in uniform but on the bench must wear a helmet with face protection and jersey. NO EXCEPTIONS.
7. **Playing Time**  
The ice will be resurfaced between each game. Every team will be allowed 5 minutes to warm up, commencing with the opening of skater access gates by a Tournament official. Any team not ready to play following the five-minute warm up time will be subject to forfeiture of the game.

1st period: 12 minute stop time (10 a & b)/14 minute stop time (12a)

2nd period: 12 minute stop time (10 a & b)/14 minute stop time (12a)

3rd period: 12 minute stop time\* (10 a & b)/14 minute stop time\* (12a)

\*The game will go to running time if there is a goal differential of five (5) or more in the third period

There will be a one-minute rest period between each period.

Each team will be allowed one (1) one-minute time out per game.

8. **Tie Breaker**  
In the event of a tie there will be a five (5) minute running time overtime. If there is still a tie after the five minutes a shoot-out will decide the game. Both teams will select 3 players who will alternate shooting on the opposite goalie (visiting team will go first). If at the end of the three-man shoot-out if the game is still tied a sudden death shootout will decide the game. Teams will alternate single shooters until the tie is broken. During the sudden death shoot out teams will choose skaters who were NOT involved in the original three-man shootout. If a player is in the penalty box at the end of game time and there is time remaining on the penalty that player may NOT participate in the shoot-out.
9. Teams should arrive at the arena at least 45 minutes prior to their scheduled game and be ready to play 15 minutes prior to their scheduled time. We ask that the team manager check in at Tournament Headquarters at Hayes arena before the first game to receive their team packets and to show team rosters and certificates.
10. **Penalties**  
Minor: 2 Minutes  
Major: 5 Minutes  
Misconduct: 10 Minutes  
Fighting: Will not be tolerated. Players are suspended for the remainder of the tournament.
11. The decisions and judgments of the officials and the scorekeepers will be final and not subject to reversal.
12. The home team will be listed first for all games. Home teams should wear their white jerseys.